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News Release

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Suicide Prevention Town Hall Meeting Set

(Bountiful, Utah) – A Town Hall meeting to increase awareness about suicide prevention and resources will be held Saturday, Feb. 28, 10 a.m.-noon, at Viewmont High School in Bountiful. The free event features an effective suicide prevention training called "QPR," as well as resources from local partners in mental health.

The town hall meeting is part of a coordinated and comprehensive effort to prevent suicide and provide hope and resources for individuals and families who experience behavioral health issues in Davis County.

"We are excited to provide suicide prevention training to everyone 13 and older at this event," said Sunny Ford, the event coordinator with Bountiful Communities that Care. "Suicide prevention specialists will teach one class tailored for youth and one for adults."

"Our message for the community is that it is time to talk about these issues," said Andrea Hood, a presenter at the event and a Community Health Educator with the Davis County Health Department. "There are resources available to support those who are struggling. This event is designed to inform families of these resources and enable them to offer help and hope to neighbors and loved ones who may be in crisis."

"In 2013, the Davis County Health Department conducted a community health assessment in which suicide was identified as the number one health issue facing county residents," said Isa Perry, Community Outreach Planner for the county health department.

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"Community partners have come together to develop a plan to address and prevent suicide throughout Davis County," Perry said. "One important component is to increase awareness that suicide is a preventable public health issue."

Community organizations and mental health agencies at the event will provide help and resources including Bountiful Communities that Care, Davis HELPS, Davis Behavioral Health, Davis County Health Department, Davis School District, National Alliance on Mental Illness Utah (NAMI Utah), and N.U. HOPE (Northern Utah Hold On Persuade Empower).

For more information, contact Sunny Ford at 801-298-6049 or sford@bountifulutah.gov.

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